

Schedule in effect from June 6–28, 2022

TERRACE & DISTRICT AQUATIC CENTRE

Terrace & District Aquatic Centre
 4540 Park Avenue
 Terrace, BC V8G 2N6
 250-615-3030
 terrace.ca/swim



PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEMBERS-ONLY LAPS	6:30–9:15 am	6:30–9:30 am	6:30–9:15 am	6:30–9:30 am	6:30–9:15 am		
PARENT & TOT	8:30–10:30 am 11:30 am–1:00 pm	11:00 am–1:00 pm	8:30–10:30 am 11:30 am–1:00 pm	11:00 am–1:00 pm	8:30 am–1:00 pm	9:30–10:30 am 12:00–1:30 pm	11:00 am–1:00 pm
AQUAFIT	9:15–10:00 am*	7:00–7:45 pm	9:15–10:00 am	7:00–7:45 pm	9:15–10:00 am*		
LANE SWIM	11:30 am–1:00 pm 7:00–8:00 pm	11:00 am–1:00 pm	11:30 am–1:00 pm 7:00–8:00 pm	11:00 am–1:00 pm	10:00 am–1:00 pm 8:00–9:00 pm	12:00–1:30 pm	11:00 am–1:00 pm
PRIVATE LESSONS	3:30–5:00 pm	10:00–11:00 am	3:30–5:00 pm				
PRIVATE RENTAL SCHOOL GROUPS	10:30–11:30 am 1:00–2:00 pm	1:00–2:00 pm	10:30–11:30 am 1:00–2:00 pm	9:30–11:00 am 1:00–2:00 pm	1:00–2:00 pm		
PUBLIC SWIM	2:00–7:00 pm	9:30–11:00 am 2:00–7:00 pm	2:00–7:00 pm	2:00–7:00 pm	2:00–8:00 pm	10:30 am–12:00 pm 1:00–5:00 pm	1:00–5:00 pm
JR. LIFEGUARD CLUB							2:00–4:00 pm
PRIVATE/LANE RENTALS						5:30–6:30 pm	5:00–6:00 pm 6:00–7:00 pm
GYM USE	6:30 am–8:30 pm	6:30 am–8:30 pm	6:30 am–8:30 pm	6:30 am–8:30 pm	6:30 am–9:00 pm	9:30 am–5:30 pm	11:00 am–5:30 pm

SWIM BLOCK DESCRIPTIONS:

- **Members-Only Laps:** For membership holders only; no cash, debit, drop-ins, or locker rentals
- **Parent & Tot:** Leisure pool only; children must be under 8 years of age
- **Aquafit:** Ages 16+ (*Mon/Fri mornings are self-led; no instructor available)
- **Lane Swim:** Ages 16+
- **Private Lessons:** All ages; one-on-one lessons
- **School Groups:** Leisure and main pools closed to public; family change room closed to public. Hot tub and saunas available for public use.
- **Public Swim:** All ages welcome
- **Jr. Lifeguard Club:** Ages 10–14
- **Gym Use:** Ages 14+ (12+ with parent/guardian supervision; must be 1:1 supervision)
- **Saunas:** 10-minute maximum. Ages 12+, unless accompanied by an adult

Thank you to the Rotary Club of Terrace Skeena Valley for sponsoring these school group swims:

10:30–11:30 am Mon/Wed | 1:00–2:00 pm Tues/Thurs

Registration:

Not required: Public Swims, Parent & Tot, Lane Swims, Aquafit, or Gym Use
 Required: Children's Lessons
 Recommended: Adult Beginner Lessons and Jr. Lifeguard Club

Schedule Notes:

- Jr. Lifeguard Club ends June 19

NOTE: Any changes in the schedule will be posted at the Terrace & District Aquatic Centre and on the City of Terrace website.

Group Definitions

Child	2 to 14 years of age; under 2 years of age is no charge
Student	15 to 18 years of age or those who are 19+ and in full-time attendance at a college or university
Adult	19 to 64 years of age
Senior	65 years of age or older
Family	Parents and/or guardians and children 14 and under. Foster children or other dependent minor children living in the family home are included in a family (this includes common-law couples and their children).

Drop-In Prices

Child	\$2.75
Student	\$3.25
Adult	\$5.25
Senior	\$3.25
Family	\$10.75

Facility Passes

	1 MONTH	3 MONTH
Child	\$27.50	\$74.25
Student	\$32.50	\$87.75
Adult	\$52.50	\$141.75
Senior	\$32.50	\$87.75

Private Pool Rentals \$188.48 with a \$100 deposit

Deposit is returned upon full payment.

Saturday and Sunday

Pool 5:00–6:00 pm

Conference room 6:00–7:00 pm

General Facility Information

Registration

- Not required: Public Swims, Parent & Tot, Lane Swims, Aquafit, or Gym Use
- Required: Children's Lessons
- Recommended: Adult Beginner Lessons and Jr. Lifeguard Club

Admission Policy

All children 7 years and under MUST be accompanied by an adult within the pool area (at least 16 years of age or 14 years of age AND completed Bronze Medallion or better). Children must be no more than arm's length away from the adult at all times. Maximum of 3 children per adult.

Gym

- Drop-in or facility pass only.
- You must be 14+ to use the gym unsupervised. Those 12–13 may use the gym under the supervision of a parent, legal guardian, or instructor (limit 1 youth 12–13 per parent or legal guardian). Those under age 16 need to have an informed consent form on file that's signed by a parent or legal guardian. New participants can pick one up at the front desk.

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