

March 29–May 30, 2021*

SWIM + GYM SCHEDULE

**VIEW ALL COVID-19
SAFETY REGULATIONS
AT [TERRACE.CA/SWIM](https://terrace.ca/swim)**

MON

6:30–8:00 am
Length Swim/Leisure
Swim/Gym Use
8:30–10:00 am
Length Swim/Leisure
Swim/Gym Use
10:30 am–11:30 am
Length Swim/Parent
& Toddler/Gym Use
12:00–1:00 pm
Length Swim/Leisure
Swim/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
4:00–6:30 pm
Gym Use Only
7:00–8:00 pm
Public Swim & Gym Use

TUES

6:30–8:00 am
Gym Use only
8:30–10:00 am
Length Swim/Leisure
Swim/Gym Use
10:30 am–11:30 am
Length Swim/Parent &
Toddler/Gym Use
12:00–1:00 pm
Length Swim/Leisure
Swim/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
4:30–6:00 pm
Public Swim & Gym Use
6:30–8:00 pm
Public Swim & Gym Use

WED

6:30–8:00 am
Length Swim/Leisure
Swim/Gym Use
8:30–10:00 am
Length Swim/Leisure
Swim/Gym Use
10:30 am–11:30 am
Length Swim/Parent
& Toddler/Gym Use
12:00–1:00 pm
Length Swim/Leisure
Swim/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
4:00–6:30 pm
Gym Use Only
7:00–8:00 pm
Public Swim & Gym Use

THURS

6:30–8:00 am
Gym Use only
8:30–10:00 am
Length Swim/Leisure
Swim/Gym Use
10:30 am–11:30 am
Length Swim/Parent &
Toddler/Gym Use
12:00–1:00 pm
Length Swim/Leisure
Swim/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
4:30–6:00 pm
Public Swim & Gym Use
6:30–8:00 pm
Public Swim & Gym Use

FRI

6:30–8:00 am
Length Swim/Leisure
Swim/Gym Use
8:30–10:00 am
Length Swim/Leisure
Swim/Gym Use
10:30 am–11:30 pm
Length Swim/Parent &
Toddler/Gym Use
12:00–1:00 pm
Length Swim/Leisure
Swim/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
4:00–6:30 pm
Gym Use Only
7:00–8:30 pm
Public Swim & Gym Use

SAT

8:00–11:00 am
Gym Use Only
11:30 am–1:00 pm
Length Swim/Parent &
Toddler/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
3:30–5:00 pm
Public Swim & Gym Use

SUN

8:30 am–9:30 am
Length Swim/Parent &
Toddler/Gym Use
10:00 am–11:00 am
Length Swim/Parent &
Toddler/Gym Use
11:30 am–1:00 pm
Length Swim/Parent &
Toddler/Gym Use
1:30–3:00 pm
Public Swim & Gym Use
3:30–5:00 pm
Public Swim & Gym Use

SWIM BLOCK NOTES:

- Public Swim = All ages welcome
- Length Swim = Ages 16+ in Main Pool & Hot Tub only
- Leisure Swim: Ages 16+ in Leisure Pool & Hot Tub only
- Parent & Toddler: Leisure & Whirl Pools only (max. 15 swimmers; children must be under 8 years old)
- Aquafit = Ages 16+ (currently unavailable)

How to Pre-Register:

By phone: 250-615-3030
Online: terrace.ca/swim

NOTE: Any changes in the schedule will be posted at the Terrace & District Aquatic Centre and on the City of Terrace website.



Terrace & District
Aquatic Centre
4540 Park Avenue
Terrace, BC V8G 2N6

*Hours will differ over the Easter long weekend and May long weekend. Details at terrace.ca/swim.