

November 1–December 19, 2020

SWIM + GYM SCHEDULE

COVID-19 REGULATIONS

- Pre-registration only. No drop-ins allowed.
- Wearing a mask in the facility is required. Swimming, aquatic programs, and using the weight room are mask-optional activities, but you must wear a mask until you reach the dedicated mask-optional areas.
- You can use both the pool and gym during your visit; please book as a swim patron.

[VIEW ALL REGULATIONS AT TERRACE.CA/SWIM](https://terrace.ca/swim)

SWIM BLOCK NOTES:

- Public Swim = All ages welcome
- Length Swim = Adults 16+
- Aquafit = Adults 16+

How to Pre-Register:

By phone: 250-615-3030

Online: terrace.ca/swim



Terrace & District
Aquatic Centre
4540 Park Avenue
Terrace, BC V8G 2N6

MON

6:30–8:00 am
Length Swim & Gym Use

9:30–11:00 am
Aquafit & Gym Use

11:30 am–1:00 pm
Length Swim & Gym Use

1:30–3:00 pm
Public Swim & Gym Use

4:00–6:30 pm
Gym Use Only

7:00–8:00 pm
Public Swim & Gym Use

TUES

6:30–8:00 am
Gym Use Only

8:30–10:00 am
Length Swim & Gym Use

10:30–11:30 am
Public Swim & Gym Use

12:00–1:00 pm
Length Swim & Gym Use

1:30–3:00 pm
Public Swim & Gym Use

4:30–6:00 pm
Public Swim & Gym Use

6:30–8:00 pm
Length Swim & Gym Use

WED

6:30–8:00 am
Length Swim & Gym Use

9:30–11:00 am
Aquafit & Gym Use

11:30 am–1:00 pm
Length Swim & Gym Use

1:30–3:00 pm
Public Swim & Gym Use

4:00–6:30 pm
Gym Use Only

7:00–8:00 pm
Public Swim & Gym Use

THURS

6:30–8:00 am
Gym Use Only

8:30–10:00 am
Length Swim & Gym Use

10:30–11:30 am
Public Swim & Gym Use

12:00–1:00 pm
Length Swim & Gym Use

1:30–3:00 pm
Public Swim & Gym Use

4:30–6:00 pm
Public Swim & Gym Use

6:30–8:00 pm
Length Swim & Gym Use

FRI

6:30–8:00 am
Length Swim & Gym Use

9:30–11:00 am
Aquafit & Gym Use

11:30 am–1:00 pm
Length Swim & Gym Use

1:30–3:00 pm
Public Swim & Gym Use

4:00–6:30 pm
Gym Use Only

7:00–8:30 pm
Public Swim Only

SAT

8:00–11:00 am
Gym Use Only

11:30 am–1:00 pm
Length Swim & Gym Use

1:30–3:00 pm
Public Swim & Gym Use

3:30–5:00 pm
Public Swim & Gym Use

NOTE: Any changes in the schedule will be posted at the Sportsplex and on the City of Terrace website.