



**AS FIRE PREVENTION WEEK™ APPROACHES, TERRACE FIRE DEPARTMENT REMINDS RESIDENTS:  
SERVE UP FIRE SAFETY IN THE KITCHEN!™**

***Fire Prevention Week™ runs October 4–10, 2020***

The Terrace Fire Department is teaming up with the National Fire Protection Association® (NFPA®)—the official sponsor of Fire Prevention Week for more than 90 years—to promote this year’s Fire Prevention Week campaign, “Serve Up Fire Safety in the Kitchen!” The campaign works to educate everyone about simple but important actions they can take to keep themselves and those around them safe.

According to the Office of the Fire Commissioner, cooking is one of the leading causes of home fires and home fire injuries in British Columbia.

“We know cooking fires can be prevented,” said Lorraine Carli, NFPA’s vice-president of outreach and advocacy. “Staying in the kitchen, using a timer, and avoiding distractions such as electronics or TV are steps everyone can take to keep families safe in their homes.”

The Terrace Fire Department encourages all residents to embrace the 2020 Fire Prevention Week theme. “The most important step you should take before making a meal is to “Serve Up Fire Safety in the Kitchen!” said Terrace Fire Chief John Klie. “A cooking fire can grow quickly. I have seen many homes damaged and people injured by fires that could easily have been prevented.”

The Terrace Fire Department wants to share safety tips to keep you from having a cooking fire.

- Never leave cooking food unattended. Stay in the kitchen while you are frying, grilling, or broiling. If you have to leave, even for a short time, turn off the stove.
- If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you’re cooking.
- You have to be alert when cooking. You won’t be alert if you are sleepy, have taken medicine or drugs, or consumed alcohol that makes you drowsy.
- Always keep an oven mitt and pan lid nearby when you’re cooking. If a small grease fire starts, slide the lid over the pan to smother the flame. Turn off the burner, and leave the pan covered until it is completely cool.
- Have a “kid-free zone” of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.

Due to COVID-19 precautions, the Terrace Fire Department is not running smoke house tours or the Fire Chief for a Day program this year. However, the BC Fire Training Officers Association, BC Professional Fire Fighters' Burn Fund, Fire Chiefs' Association of BC, Fire Prevention Officers' Association of BC, First Nations' Emergency Services Society, FortisBC, and Office of the Fire Commissioner are hosting a fire and burn prevention contest, with an opportunity for students in our community to win some fantastic

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prizes. Details on the contest, including deadlines, rules, and prizes, can be found on the Office of the Fire Commissioners' website at [www.gov.bc.ca/FireSafety/FirePreventionWeek](http://www.gov.bc.ca/FireSafety/FirePreventionWeek).

To find out more about fire safety in Terrace, please contact the Terrace Fire Department at [firehall@terrace.ca](mailto:firehall@terrace.ca) or 250-638-4740. You can also find more safety tips and information at [www.terrace.ca/fire](http://www.terrace.ca/fire). For more general information about Fire Prevention Week and cooking fire prevention, visit [www.fpw.org](http://www.fpw.org).

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