

HOLIDAY BREAK SCHEDULE | TERRACE & DISTRICT AQUATIC CENTRE

December 20, 2025 – January 4, 2026



PROGRAMS	MONDAY DECEMBER 22 DECEMBER 29	TUESDAY DECEMBER 23 DECEMBER 30	WEDNESDAY DECEMBER 24 Alternate Hours DECEMBER 31 Alternate Hours	THURSDAY DECEMBER 25 Closed JANUARY 1 Closed	FRIDAY DECEMBER 26 Closed JANUARY 2	SATURDAY DECEMBER 20 Alternate Hours DECEMBER 27 JANUARY 3	SUNDAY DECEMBER 21 DECEMBER 28 JANUARY 4
MORNING LAPS	6:30–9am	6:30–9am			6:30–9am		
PARENT & TOT	8–9am 11am–1pm	8–9am 11am–1pm	11am–1pm		8–9am 11am–1pm	11am–1pm	11am–1pm
BLUEBACKS					4–5:30pm	8:30–11am Dec 20 & JAN 3	
AQUA THERAPY	11–11:45am	11–11:45am	11–11:45am		11–11:45am	11–11:45am	11–11:45am
LANES 16+	11:45–1pm 8–9pm	11:45–1pm 8–9pm	11:45am–1pm		11:45am–1pm	11:45am–1pm	11:45am–1pm
PUBLIC SWIMS	9–11am 1–4pm 5:30–8pm	9–11am 1–4pm	9:30–11am 1–3pm		9–11am 1–4pm 5:30–8pm	9–11am Dec 27 1–4pm Dec 27 & JAN 3	1–4pm
FAMILY LANES NEW PROGRAM <i>Competent swimmers 10 and over</i>	4:15–5:15pm				4:15–5:15pm 3 Lanes		
TEEN MOVIE FAMILY MOVIE		4:15–5:45pm 6–8pm					
AQUAFIT					8–8:45pm		
RENTAL						4:15–5:15pm Dec 27 & JAN 3	4:15–5:15pm
HOT TUB, SAUNA & GYM USE	6:30am–9pm	6:30am–9pm	9:30am–3pm		6:30am–9pm	9am–5pm	11am–5pm



4540 Park Avenue
Terrace, BC V8G 2N6
250-615-3030

terrace.ca/swim

facebook.com/CityofTerrace

SCHEDULE INFORMATION

December 20 Hours

Open 8:30am-1pm,
Parent & Tot 11-1pm.
Whole facility closed
at 1pm for IN-SERVICE
training.

Blueback Swim Meet

Note: January 10,
in house swim
meet, Parent & Tot
start at 12pm on
this day.

Stat Holidays

CLOSED: Christmas Day, Boxing
Day and New Year's Day

Alternate Hours

Christmas Eve and New Year's Eve:
9:30am-3pm

Regional Swim Meet

January 23-25, Facility closed
from Friday, January 23
at 3:30pm to January 25,
reopening; January 26 to our
regular operational hours.

Movie Nights

Capacity is limited -
please register through
activenet, December
23 & 30 with 4:15pm &
6pm start times.

Aquafit Canceled

December 20
to January 4
**EXCEPT FOR FRIDAY
EVENING CLASSES**

FAMILY LANES: Enjoy dedicated lane space for families who want to swim together in a calmer, structured environment. Strokes, play, and practice are all welcome as long as your group remains in your designated lane. Children must be competent swimmers 10 and over. Lap swimmers, rentals, and private coaching are not permitted during this session.

POOL & FITNESS CENTRE INFO

Pool Admission

All children 7 years and under must be accompanied by adult (must be at least 16 years of age) and stay within arms reach of that adult at all times while within the facility.

Maximum of 3 children (under the age of 8) per adult.

Fitness Centre Admission

Ages 14+ can use the gym unsupervised.

However, those under age 16 need to have an informed consent form on file that's signed by a parent or legal guardian. Forms available at the front desk.

Youth ages 12 and 13 may only use the gym under the supervision of a parent or legal guardian (limit 1 youth per parent, legal guardian or instructor).

Swim Block Descriptions

- » **Members Laps & Gym Use:** For membership holders only; no cash, debit, drop-ins, or locker rentals.
- » **AquaTherapy** offers pool space for water walking, aqua fit and rehabilitation self-led activities.
- » **Aquafit:** Ages 16+ (Instructor-led).
- » **Parent & Tot:** Leisure pool only; children must be under 8 years of age.
- » **School Groups:** Leisure and main pools closed to public; family changing room closed to public. Hot tub and saunas open to public.
- » **Children's Lessons:** Leisure and Main Pools closed to the public. Hot tub and saunas open to ages 16+.
- » **Lane Swim:** Ages 16+. No water walking or Aquafit permitted
- » **Public Swim:** All ages welcome.
- » **Birthday Parties:** Leisure and Main are for birthday party rental use only, hot tub, sauna's and gym are open to the public. 16+ for hot tub/sauna's during this time.
- » **Gym Use:** Ages 14+ (12+ with adult supervision).
- » **Hot Tub, Sauna & Gym Use:** Adults only while birthday parties and swimming lessons take place.
- » **Climbing Wall:** Open for use during public swim times.
- » **Cold Plunge Tub:** Ages 16+, Chilled water for recovery, circulation, and muscle relief. For health and safety, use is restricted to guests 16+.