

Schedule in effect from January 2-March 19, 2023

Terrace & District Aquatic Centre

4540 Park Avenue

Terrace, BC V8G 2N6

250-615-3030

terrace.ca/swim



# TERRACE & DISTRICT AQUATIC CENTRE

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEMBERS-ONLY LAPS & GYM USE	6:00-9:00 am	6:00-9:00 am	6:00-9:00 am	6:00-9:00 am	6:00-9:00 am		
BLUEBACKS	6:15-8:00 am 3 lanes		6:15-8:00 am 3 lanes			8:30-12:00 pm Whole pool	
AQUAFIT	9:15-10:00 am		9:15-10:00 am		9:15-10:00 am		
PARENT & TOT SWIM	8:30-10:30 am 11:30-1:00 pm	11:30-1:00 pm	8:30-10:30 am 11:30-1:00 pm	11:30-1:00 pm	8:30-10:30 am 11:30-1:00 pm	11:00-1:00 pm	11:00 am-1:00 pm
SCHOOL GROUPS	10:30-11:30 am		10:30-11:30 am		10:30-11:30 am		
MORNING LESSONS		9:30-11:00 am		9:30-11:00 am			
AFTERNOON LAPS	11:30-1:00 pm	11:30-1:00 pm	11:30-1:00 pm	11:30-1:00 pm	11:30-1:00 pm	12:00-1:00 pm	11:00-1:00 pm
SCHOOL GROUPS	1:00-2:00 pm	1:00-2:00 pm	1:00-2:00 pm	1:00-2:00 pm	1:00-2:00 pm		
PUBLIC SWIMS	2:00-3:45 pm 6:45- 8:00 pm	2:00-3:45 pm 6:45- 8:00 pm	2:00-3:45 pm 6:45- 8:00 pm	2:00-3:45 pm 6:45- 8:00 pm	2:00-3:45 pm 6:45- 8:00 pm	1:00-4:00 pm	1:00-4:00 pm
BLUEBACKS	3:45-5:15 pm 8:00-9:00 pm (2 lanes)	3:45-6:15 pm	3:45-6:15 pm 8:00-9:00 pm (2 lanes)	3:45-6:15 pm	3:45-6:15 pm		
AFTERNOON LESSONS	4:00-6:45 pm	4:30-6:45 pm	4:00-6:45 pm	4:30-6:45 pm			
PRIVATE RENTALS						4:00-5:00 pm 5:00-6:00 pm	4:00-5:00 pm 5:00-6:00 pm
LANE RENTALS	8:00-9:00 pm		8:00-9:00 pm		8:00-9:00 pm		
EVENING AQUAFIT		8:00-8:45 pm		8:00-8:45 pm			
ADULT LAPS	8:00-9:00 pm		8:00-9:00 pm	8:00-9:00 pm	8:00-9:00 pm		
GYM USE	9:00am-9:00pm	9:00am-9:00pm	9:00am-9:00pm	9:00am-9:00pm	9:00am-9:00pm	8:30-5:00 pm	11:00-5:00 pm

	DROP-IN	10-VISIT MEMBERSHIP	1 MONTH MEMBERSHIP-POOL ONLY	1 MONTH MEMBERSHIP-POOL AND ARENA	3 MONTH MEMBERSHIP	6 MONTH MEMBERSHIP	1 YEAR MEMBERSHIP
CHILD	\$2.75	\$22.00	\$27.50		\$60.00	\$97.50	\$165.00
STUDENT/SENIOR	\$3.25	\$26.00	\$32.50	\$38.40	\$72.00	\$117.00	\$198.00
ADULT	\$5.25	\$42.00	\$52.50	\$64.00	\$120.00	\$195.00	\$330.00
FAMILY	\$10.75	\$86.00			\$240.00	\$390.00	\$660.00

NOTE: Any changes in the schedule will be posted at the Terrace & District Aquatic Centre and on the City of Terrace website.

## Group Definitions

Child	2 to 14 years of age; under 2 years of age is no charge
Student	15 to 18 years of age or those who are 19+ and in full-time attendance at a college or university
Adult	19 to 64 years of age
Senior	65 years of age or older
Family	Parents and/or guardians and children 18 and under. Foster children or other dependent minor children living in the family home are included in a family (this includes common-law couples and their children).

### Private Pool Rentals

\$188.48 with a \$200 deposit

Deposit is returned upon full payment and no damage to facility.

### Conference Room Rentals

\$23.10/hour with a \$100 deposit

Deposit is returned upon full payment and no damage to facility.

## Program Descriptions

- Members-Only Laps & Gym Use: For membership holders only; no cash, debit, drop-ins, or locker rentals
- Parent & Tot Swim: Leisure pool only; children must be under 8 years of age
- Aquafit: Ages 16+ (Instructor led)
- Laps: Ages 16+
- School Groups: Leisure and main pools closed to public; family change room closed to public. Hot tub and saunas available for public use.
- Public Swim: All ages welcome
- Gym Use: Ages 14+ (12+ with parent/guardian supervision; must be 1:1 supervision)

## General Facility Information

### Admission Policy

All children 7 years and under **MUST** be accompanied by an adult within the pool area (at least 16 years of age or 14 years of age AND completed Bronze Medallion or better). Children must be no more than arm's length away from the adult at all times. Maximum of 3 children (under the age of 7) per adult.

### Gym

- You must be 14+ to use the gym unsupervised. Those 12–13 may use the gym under the supervision of a parent, legal guardian, or instructor (limit 1 youth 12–13 per parent or legal guardian). Those under age 16 need to have an informed consent form on file that's signed by a parent or legal guardian. New participants can pick one up at the front desk.

### Admission Rates

- Admission rates and program fees will be increased starting January 1, 2023

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