

# Schedule in effect from April 3-June 30, 2023

# TERRACE & DISTRICT AQUATIC CENTRE

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEMBERS-ONLY LAPS	6:00-9:00 am	6:00-9:00 am	6:00-9:00 am	6:00-9:00 am	6:00-9:00 am		
BLUEBACKS	6:15-8:00 am 3 lanes 3:45-5:15 pm 8:00-9:00 pm (2 lanes)	6:15-8:00 am 3 lanes 3:45-6:15 pm 8:00-9:00 pm (2 lanes)	6:15-8:00 am 3 lanes 3:45-6:15 pm 8:00-9:00 pm (2 lanes)	3:45-6:15 pm	3:45-6:15 pm	8:30-12:00 pm Whole pool	
AQUAFIT	9:15-10:00 am	8:00-8:45 pm	9:15-10:00 am	8:00-8:45 pm	9:15-10:00 am		
PARENT & TOT SWIM	8:30-10:30 am 11:30-1:00 pm	11:30-1:00 pm	8:30-10:30 am 11:30-1:00 pm	11:30-1:00 pm	8:30-10:30 am 11:30-1:00 pm	11:00-1:00 pm	11:00 am-1:00 pm
SCHOOL GROUPS	10:30-11:30 am 1:00-2:00 pm	1:00-2:00 pm	10:30-11:30 am 1:00-2:00 pm	1:00-2:00 pm	10:30-11:30 am 1:00-2:00 pm		
SWIM LESSONS	4:00-6:45 pm	9:30-11:00 am 4:30-6:45 pm	4:00-6:45 pm	9:30-11:00 am 4:30-6:45 pm			
LANE SWIM	11:30-1:00 pm 8:00-9:00 pm	11:30-1:00 pm	11:30-1:00 pm 8:00-9:00 pm	11:30-1:00 pm	11:30-1:00 pm 8:00-9:00 pm	12:00-1:00 pm	11:00-1:00 pm
PUBLIC SWIMS	2:00-3:45 pm 6:45-8:00 pm	2:00-3:45 pm 7:00-8:00 pm	2:00-3:45 pm 6:45-8:00 pm	2:00-3:45 pm 7:00-8:00 pm	2:00-3:45 pm 6:30-8:00 pm	1:00-4:15 pm	1:00-4:15 pm
BIRTHDAY PARTIES					8:00-9:00 pm		
LANE RENTALS							
HOT TUB, SAUNA & GYM USE	6:00-9:00 am (members only) 9:00 am-9:00 pm	6:00-9:00 am (members only) 9:00 am-9:00 pm	6:00-9:00 am (members only) 9:00 am-9:00 pm	6:00-9:00 am (members only) 9:00 am-9:00 pm	6:00-9:00 am (members only) 9:00 am-9:00 pm	8:30-5:30 pm	11:00-5:30 pm
CHILD	DROP-IN \$2.75	10-VISIT MEMBERSHIP \$22.00	1 MONTH MEMBERSHIP-POOL ONLY \$27.50	1 MONTH MEMBERSHIP- POOL AND ARENA \$38.40	3 MONTH MEMBERSHIP \$60.00	6 MONTH MEMBERSHIP \$97.50	1 YEAR MEMBERSHIP \$165.00
STUDENT/SENIOR	\$3.25	\$26.00	\$32.50	\$64.00	\$72.00	\$117.00	\$198.00
ADULT	\$5.25	\$42.00	\$52.50	\$64.00	\$120.00	\$195.00	\$330.00
FAMILY	\$10.75	\$86.00			\$240.00	\$390.00	\$660.00

**Schedule Changes:**  
 Good Friday  
 Hours 11:30-4:00 pm  
 Easter Monday  
 Hours 11:30-4:00 pm  
 Blueback Swim Meet  
 June 2, 3, and 4  
 Pool side closed Friday  
 evening to Sunday after-  
 noon. (Gym use available)

**Notes:**

Junior Lifeguard Club  
 Saturdays 12:00-2:00 pm  
 starting April 15  
 Weekend Birthday Party  
 Rentals will only be the  
 Main and Leisure Pool  
 moving forward. Adults  
 may access hot tub and  
 saunas during this time.



Terrace & District Aquatic Centre  
 4540 Park Avenue  
 Terrace, BC V8G 2N6  
 250-615-3030  
 terrace.ca/swim

NOTE: Any changes in the schedule will be posted at the Terrace & District Aquatic Centre and on the City of Terrace website.

## Group Definitions

Child	2 to 14 years of age; under 2 years of age is no charge
Student	15 to 18 years of age or those who are 19+ and in full-time attendance at a college or university
Adult	19 to 64 years of age
Senior	65 years of age or older
Family	Parents and/or guardians and children 18 and under. Foster children or other dependent minor children living in the family home are included in a family (this includes common-law couples and their children).

**Private Pool Rentals-** \$188.48 with a \$200 deposit  
Deposit is returned upon full payment and no damage to facility.

**Conference Room Rentals-** \$23.10/hour with a \$100 deposit  
Deposit is returned upon full payment and no damage to facility.

## Program Descriptions

- **Members-Only Laps & Gym Use:** For membership holders only; no cash, debit, drop-ins, or locker rentals
- **Parent & Tot Swim:** Leisure pool only; children must be under 8 years of age
- **AquaFit:** Ages 16+ (Instructor led)
- **Laps:** Ages 16+
- **School Groups:** Leisure and main pools closed to public; family change room closed to public. Hot tub and saunas available for public use.
- **Public Swim:** All ages welcome
- **Gym Use:** Ages 14+ (12+ with parent/guardian supervision; must be 1:1 supervision)
- **Hot Tub, Sauna & Gym Use:** Adults only while birthday parties and swimming lessons take place

## General Facility Information

### Admission Policy

All children 7 years and under **MUST** be accompanied by an adult within the pool area (at least 16 years of age or 14 years of age AND completed Bronze Medallion or better). Children must be no more than arm's length away from the adult at all times. Maximum of 3 children (under the age of 7) per adult.

### Gym

- You must be 14+ to use the gym unsupervised. Those 12–13 may use the gym under the supervision of a parent, legal guardian, or instructor (limit 1 youth 12–13 per parent or legal guardian). Those under age 16 need to have an informed consent form on file that's signed by a parent or legal guardian. New participants can pick one up at the front desk.

**TERRACE & DISTRICT AQUATIC CENTRE**

4540 PARK AVENUE

TERRACE, BC V8G 2N6

250-615-3030

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