

KITIMAT LEISURE  
SERVICES PRESENTS



# National Lifeguard Course

## March 18 - 23, 2018

Register at:  
**Tamitik Jubilee Sports Complex**  
Ph. 250-632-8955 Fx 250-632-3668  
396 City Centre Kitimat, BC  
[www.kitimat.ca](http://www.kitimat.ca)  
Mailing Address:  
270 City Centre Kitimat, BC V8C 1T6  
E-mail: [recreation@kitimat.ca](mailto:recreation@kitimat.ca)



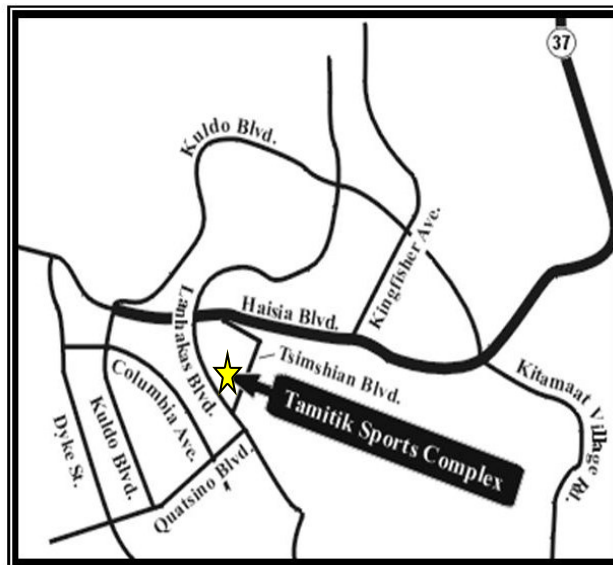
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### Where To Stay In Kitimat

The Chalet Inn	250-632-4615
Microtel Inn & Suites	778-631-0044
MStar	250-632-7600
Kitimat Lodge	250-632-6677
For more information call	
Kitimat Chamber of Commerce	250-632-6294

## NATIONAL LIFEGUARD COURSE or RECERT REGISTRATION FORM

NAME: \_\_\_\_\_ COMPANY \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_  
PHONE #: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
AMT ENCLOSED \_\_\_\_\_

(Cheques payable to District of Kitimat, 270 City Centre, Kitimat, BC V8C 1T6, FAX 250-632-3668)

If paying by VISA or MASTERCARD or AMERICAN EXPRESS please complete this section:

Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Card Holders Name: \_\_\_\_\_ Signature: \_\_\_\_\_

FOR MORE INFORMATION, PLEASE CONTACT TAMITIK 250-632-8955

# NATIONAL LIFEGUARD

The National Lifeguard Pool certification is designed to develop the fundamental values, judgment, knowledge, skills and fitness required by lifeguards. The National Lifeguard course emphasizes the lifeguarding skills, principles and practices, and the decision-making processes which will assist the lifeguard to provide effective safety supervision in swimming pool environments.

**Dates: March 18 - 23**

**9am - 5pm**

**COST: \$525 Text books included**

**100% Attendance is required**

**BRING SWIM SUIT, T-SHIRT, TOWEL, PEN, PAPER, SNACKS AND WATER AND/OR JUICE.**

## Pre-Requisites:

Standard First Aid - Bring Certificate

Bronze Medallion - Show Proof

16 by the last day of the course

Regarding the Standard First Aid Pre-requisite:

- Proof of Standard First Aid, Aquatic Emergency Care or Occupational First Aid Level 2 & 3 must be shown on the first day of the National Lifeguard Course.

## NATIONAL LIFEGUARD POOL RECERT

The objective of the NL Precertification is to provide candidates an opportunity to review NL skills and knowledge and to provide education on new information before the start of the Recertification. Although not a requirement, the BC & Yukon Branch highly recommends that candidates attend an NL Precert to promote professional development and success.

**Date: March 25**

**9am - 5pm**

**Cost: \$150**

## About your instructor:

### ***Tony Toriglia***

Prior to serving as Branch President from 1996 to 1998, Tony filled many committee and vice-president roles. He is currently assisting in the promotion and delivery of the Water Rescue for First Responders program designed to train police and fire personnel in water rescue techniques. On a national level, Tony was a major contributor to the ice safety project and he continues to promote and model the Society's principles of safety around the water. His long term commitment to the Society's work is today recognized as he is bestowed with the prestigious status of Honorary Life Member and was presented a certificate of merit for his contributions to the work of the Royal Life Saving Society - he also got to meet Queen Elizabeth.



PICTURE FROM:  
PARKSVILLE QUALICUM COMMUNITY NEWS