

# Terrace Aquatic Centre

## TERRACE AQUATIC CENTRE

March 15<sup>TH</sup> TO June 30<sup>th</sup>, 2010

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Building Opens to the Public	6:20am	6:20am	6:20am	6:20am	6:20am	9:00am	12:30pm
Early Bird Swim	7:30-9:00am	6:30-9:00am*	7:30-9:00am	6:30-9:00am*	7:30-9:00am		
Stretch & Tone		8:00-8:45am*		8:00-8:45am*			
Aquafit (Fitness)	9:00-9:50am	8:00-8:50pm	9:00-9:50am 8:00-8:50pm	8:00-8:50pm	9:00-9:50am		
Healthy Hearts	10:00-10:50am		10:00-10:50am		10:00-10:50am		
*New* Senior Lengths	11:00-11:30am		11:00-11:30am		11:00-11:30am		
Noon Hour Lengths	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	12:30-3:00pm*
Family Swim Toddler Pool Only	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	12:30-2:00pm 2:00-3:00pm*
Family Swim	3:00-4:00pm	7:00-8:00pm	3:00-4:00pm			1:00-2:00pm	
Children Lessons	4:00-6:30pm	10:00-11:30am 5:00-7:00pm	4:00-6:30pm	10:00-11:30am 5:00-7:00pm		10:00 - 11:30am	
Everyone Welcome Swim	6:30- 8:00pm		6:30- 8:00pm	7:00- 8:00pm	6:00-8:00pm	2:00-4:30pm	3:00-5:00pm 6:00-8:00pm*
Adult Only Lengths	9:00-10:00pm	9:00-10:00pm	9:00-10:00pm	9:00-10:00pm	8:00-9:00pm*		6:00-8:00pm*
Free Teen Swim					9:00-11:00pm		
Private Rentals	8:00-9:00pm*		8:00-9:00pm*			4:30-5:30pm	5:00-6:00pm

\* Shared Pool

### SEASONS PASSES

	1 MTH	3 MTHS	6 MTHS	1 YEAR
Child		\$ 60.00	\$ 97.50	\$ 165.00
Student	\$36.00	\$ 72.00	\$ 117.00	\$ 198.00
Adult	\$60.00	\$ 120.00	\$ 195.00	\$ 330.00
Senior	\$36.00	\$ 72.00	\$ 117.00	\$ 198.00
Family		\$ 240.00	\$ 390.00	\$ 660.00

\*\* 3 mth, 6 mth, & 1 yr passes do not include fitness classes \*\*

### 10 Punch Cards

Child	\$ 20.00
Student	\$ 24.00
Adult	\$ 40.00
Senior	\$ 24.00
Family	\$ 80.00
Aquafit	\$ 45.00
Sun tanning	\$ 16.50
Hockey	\$45.00

### General Admission

Child	\$ 2.50
Student	\$ 3.00
Adult	\$ 5.00
Senior	\$ 3.00
Family	\$10.00
Aquafit	\$ 5.50

All children under 7 years of age MUST be accompanied by an adult within the pool area (at least 16 years of age or **14 years of age AND completed Bronze Medallion or higher**). Children must be no more than an arms length away from the adult at all times. Maximum of 3 children per adult. Students must be 16 years of age to enter the weight room and use the equipment.

**WEIGHT ROOM, WHIRLPOOL AND**

**SAUNAS OPEN:**

**MONDAY TO FRIDAY:**

**6:30AM- 10 PM**

**SATURDAY: 11:30 AM – 4:30 PM**

**SUNDAY: 12:30 PM - 8:00PM**

**\*New\***  
Wednesday  
Night  
**Aquafit**  
**8:00 PM**

SPRING  
2010

For More Information  
Please Call  
(250) 615-3030

Or find us on the Web  
[www.terrace.ca](http://www.terrace.ca)

