



Spring Break Fitness Schedule – Sportsplex March 21 – March 25					
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	CCM 6:00-6:45am Val	All About Muscle 6:00-6:45am Kim	CCM 6:00-6:45am Val	All About Muscle 6:00-6:45am Terri	CCM 6:00-6:45am Val
	Step & Pump 9:00-10:00am Emilee		Boot Camp 9:00-10:00am Emilee		Boot Camp 9:00-10:00am Emilee
Evening	Boot Camp 5:15-6:15pm Ginny		Boot Camp 5:15-6:15pm Ginny		

Call for more information 250.615.3000