



**Christmas Break Adventure Kamp (6-8)**

Date: Dec.20<sup>th</sup> – Dec.23<sup>rd</sup> Monday – Thursday 9:00am-12:00noon  
 Location: Sportsplex  
 Cost: \$40.00/4

Stay active this winter with our Adventure leaders. This camp will be a smorgasport of fitness adventures from ball sports, swimming, skating, dancing and much, much more.

**Christmas Break Adventure Kamp (9-12)**

Date: Dec.20<sup>th</sup> – Dec.23<sup>rd</sup> Monday – Thursday 1:00pm-4:00pm  
 Location: Sportsplex  
 Cost: \$40.00/4

Stay active this winter with our Adventure leaders. This camp will be a smorgasport of fitness adventures from ball sports, swimming, skating, dancing and much, much more.

**Holiday Break SKATING Schedule Dec 19<sup>th</sup> – Jan 1<sup>st</sup>**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Family Skate 3:00-5:00pm	20 <b>Free Skate</b> 3:00-4:30pm	21 <b>Winter Set-Up Ice for Rent</b>	22 <b>Festival</b> 1-3pm 7-9pm	23 <b>Skating</b> 1-3pm 7-9pm	24 <b>**Free** with food donation</b> 12-3:00pm	25 <b>CLOSED</b> <b>Happy Holidays</b>
26 <b>CLOSED</b>	27 Free Public Skate 3:00-4:30pm	28 Public Skate 3:00-4:30pm	29 Public Skate 8:00-9:00pm	30 Toonie Skate 1:30-3:00pm	31 Public Skate 12-3:00pm	January 1 <sup>st</sup> <b>CLOSED</b>



***Winter Wonderland on Ice***

It's back!

December 21-24, 2010 Terrace Sportsplex

Special lighting and décor makes it feel like you are skating on an outdoor pond at night. Check the schedule for the many public skate sessions OR book your private skating party!

Phone: 250 615-3000 for more information & registration.



Holiday Break **FITNESS** Schedule Dec 19<sup>th</sup> – Jan 1<sup>st</sup>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 <b>6am</b> CCW <b>9am</b> Athletic Land <b>5pm</b> Yoga <b>5:15pm</b> Cardio Blast	21      <b>6:30pm</b> Yoga	22 <b>6am</b> CCW <b>9am</b> Muscle Circuit   <b>5:15pm</b> Cardio Blast	23      <b>6:30pm</b> Yoga	24 <b>6am</b> CCW   <b>9am</b> Step	25      <b>CLOSED</b> <b>Happy</b> <b>Holidays!</b>
26  <b>10:30am</b> Boxing Day Workout	27 <b>9am</b> Athletic Land <b>5:15pm</b> Cardio Blast	28      <b>6:30pm</b> Yoga	29 <b>9am</b> Muscle Circuit <b>5:15pm</b> Cardio Blast	30      <b>6:30pm</b> Yoga	31 <b>9am</b> Step	January 1 <sup>st</sup>      <b>CLOSED</b> <b>Happy</b> <b>Holidays!</b>

**Terrace Sportsplex**

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