

## Swim and Fitness Schedule July 3rd-Aug 31st

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Swim	6:30-8:00 am	6:30-8:00 am	6:30-8:00 am	6:30-8:00 am	6:30-8:00 am		
Aquafit (Fitness)		8:00 - 8:50am 8:00 -8:50pm*		8:00 - 8:50am 8:00 -8:50pm*			
Healthy Hearts	8:00 - 8:50 am		8:00 - 8:50 am		8:00 - 8:50 am		
Children Lessons	9:00 - 11:30am	9:00 - 11:30am	9:00 - 11:30am	9:00 - 11:30am	9:00 - 11:30am		
Noon Hour Lengths	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	12:30-2:00pm*
Family Swim Toddler Pool Only	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	
Family Swim						1:00-2:00 pm	2:00-3:00 pm*
Children Lessons	4:00-6:30 pm	4:00-6:30 pm	4:00-6:30 pm	4:00-6:30 pm	4:00-6:30 pm		
Everyone Welcome Swim	1:00 - 4:00 pm 6:30 - 8:00 pm	1:00 - 4:00 pm 6:30 - 8:00 pm	1:00 - 4:00 pm 6:30 - 8:00 pm	1:00 - 4:00 pm 6:30 - 8:00 pm	1:00 - 4:00 pm 6:30 - 8:00 pm	2:00-4:30 pm	3:00-5:00pm 6:00-8:00pm*
Adult Only Lengths	8:00-9:00pm	8:00-9:00pm*	8:00-9:00pm	8:00-9:00pm*	8:00-9:00pm*		6:00-8:00pm*
Free Teen Swim					9:00-11:00pm		
Private Rentals						4:30-5:30pm	5:00-6:00pm

\* Shared Pool