

**Summer Break Fitness Schedule: June 28<sup>th</sup> – July 30th**

**\*\*No Classes in August - back again in September...**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6:00am	Complete Cardio Mix Val		Complete Cardio Mix Val		Complete Cardio Mix Val
9:00am	Interval Step Barb		Athletic Land Barb		Strength Circuit Barb
6:30pm	Zumba Iliana	Yoga Tatiana	Zumba Iliana <b>*no class July 21st</b>	Yoga Tatiana	