

Christmas Break Adventure Kamp (6-8)

Date: Dec.20th – Dec.23rd Monday – Thursday 9:00am-12:00noon
 Location: Sportsplex
 Cost: \$40.00/4

Stay active this winter with our Adventure leaders. This camp will be a smorgasport of fitness adventures from ball sports, swimming, skating, dancing and much, much more.

Christmas Break Adventure Kamp (9-12)

Date: Dec.20th – Dec.23rd Monday – Thursday 1:00pm-4:00pm
 Location: Sportsplex
 Cost: \$40.00/4

Stay active this winter with our Adventure leaders. This camp will be a smorgasport of fitness adventures from ball sports, swimming, skating, dancing and much, much more.

Holiday Break SKATING Schedule Dec 19th – Jan 1st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Family Skate 3:00-5:00pm	20 Free Skate 3:00-4:30pm	21 Winter Set-Up Ice for Rent	22 Festival 1-3pm 7-9pm	23 Skating 1-3pm 7-9pm	24 **Free** with food donation 12-3:00pm	25 CLOSED Happy Holidays
26 CLOSED	27 Free Public Skate 3:00-4:30pm	28 Public Skate 3:00-4:30pm	29 Public Skate 8:00-9:00pm	30 Toonie Skate 1:30-3:00pm	31 Public Skate 12-3:00pm	January 1 st CLOSED

Winter Wonderland on Ice



is back!

December 21-24, 2010 Terrace Sportsplex

Special lighting and décor makes it feel like you are skating on an outdoor pond at night. Check the schedule for the many public skate sessions OR book your private skating party!

Holiday Break **FITNESS** Schedule Dec 19th – Jan 1st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 6am CCW 9am Athletic Land 5pm Yoga 5:15pm Cardio Blast	21 6:30pm Yoga	22 6am CCW 9am Muscle Circuit 5:15pm Cardio Blast	23 6:30pm Yoga	24 6am CCW 9am Step	25 CLOSED Happy Holidays!
26 10:30am Boxing Day Workout	27 9am Athletic Land 5:15pm Cardio Blast	28 6:30pm Yoga	29 9am Muscle Circuit 5:15pm Cardio Blast	30 6:30pm Yoga	31 9am Step	January 1 st CLOSED Happy Holidays!