



LIFESAVING INSTRUCTOR COURSE

Lifesaving instructors are trained to teach and evaluate the three Canadian Swim Patrol Program awards, as well as the Bronze Star, Bronze Medallion, Bronze Cross, Lifesaving Fitness, and Distinction awards. Instructor candidates are trained in aspects of learning as well as various approaches required to teach water rescue, first aid and related aquatic skills in the Canadian Lifesaving Program. Candidates also learn about long-range and short-term planning, class management, safety supervision and the principles of evaluation. This introductory level is the base for all other instructor certifications.

Prerequisites: 16 years old and Bronze Cross (need not be current).

Where: Terrace Aquatic Center

When: Jan 15 & 16
and
Feb 5 & 6

Cost: \$291.20